



## Nasarawa State Health Profile

Home of Solid Minerals















This profile gives a snapshot of the key health indices in your state as well as some of the key actions your excellency needs to prioritize to build a stronger and resilient health system for better health outcomes.

Signed

DG NGF



### Get to Know Nasarawa State







Nasarawa state, ranked 35th in terms of population size and has a population density of 110 persons/km<sup>2</sup>.



10/01/1996



Land Mass **27,117 km²** 



Population **2,990,009** 



LGAs 13





Under 1 Population 119,600



Under 5 Population **598,002** 



Women of Child Bearing Age 657,802

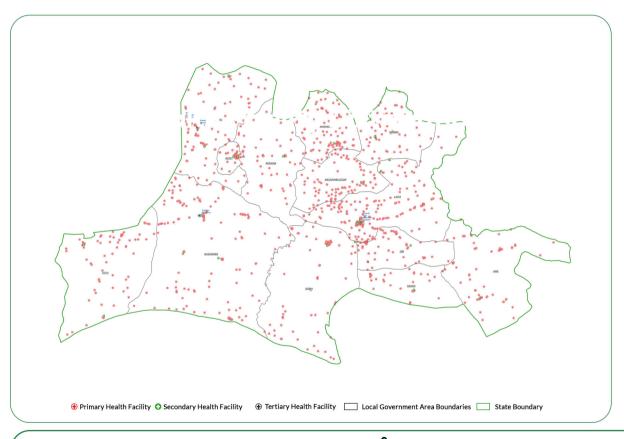


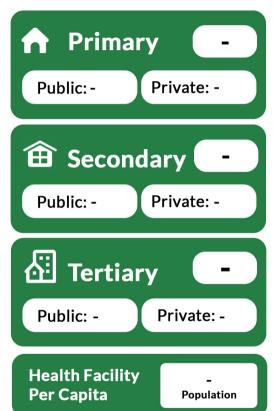
Pregnant Women 149,500

## **Health Facility Distribution**









A

**Call to Action** 

## **Human Resource for Health**





Health Training Institutions				
Institution	Public	Private	Admission Quota	
College(s) of Medicine	-	-	-	
School(s) of Nursing & Midwifery	-	-	-	
School(s) of Health Technology	-	-	-	
School(s) of Pharmacy	-	-	-	

Human Resource for Health				
Occupation	Number	<b>Density</b> (Per 10,000 Population)	Target (WHO)	
Doctors	-	-	-	
Nurses/Midwives	-	-	-	
Community Health Workers	-		-	
Pharmacists	-	-	-	



**Call to Action** 

N/A

## **Health Financing**





Nasarawa state has a fair annual budgetary allocation which appraches the Abuja declaration and has a good release of budgeted funds. However, the capita expenditure on health of N3,118.80 is very low.

**Allocation - FY 2022** 



Total State Budget ₩110.8 bn



Allocation to Health (%)

₩11.8 bn (11%)



Percentage Health Allocation to PHC

**₩1.5 bn (13%)** 

#### **Performance - FY 2022**

**State Budget Performance** 



₩85.1 bn

77%

**Health Budget Performance** 



₩9.3 bn

79%

**Health Expenditure Per Capita** 



₩3,118.8



**Call to Action** 

The State Government should increase its allocation to health and gradually work towards \$29\*(N12,000 approx.) per capita and invest more in health insurance.

Reference: ((prorated state contribution from \$86 per capita - WHO recommended) World Health Organization. (2018)...



## Health Insurance





The state has a functional state social health insurance scheme which makes health insurance mandatory. There is release of equity fund and employee contribution for the formal sector, however, the non-release of Government contribution would negatively impact on the scheme.





#### **Call to Action**

The State Government should sustain the effort in the SSHIA and to ensure regular and timely release of government contribution into the scheme.

### **PHCUOR Scorecard**







Nasarawa state has not performed well in its implementation of the Primary Health Care Under One Roof policy – a governance reform to improve PHC implementation and integration.

Scorecard		
Indicator	Status	
Existence of a State Primary Health Care Board		
Existence of Approved Minimum Service Package That Is Linked To SSHDP		•
Existence of Costed Service Delivery/Investment Plan		Target Not Met Target Met No Data
Provision Made For Investment Plan In The Annual Budget of The Last Year		
PHC Programmes And Staff Moved To SPHCB From SMoH and SMoLGA		

#### The State Government should:



### **Call to Action**

- 1. Ensure it develops and implement a costed service delivery plan.
- 2. PHC programmes and staff moved to SPHCB from SMoH and SMoLGA.
- 3. Ensure one functional PHC per ward as per minimum service package for healthcare delivery outlined in the National Primary Health Care Development Agency (NPHCDA) guidelines for the revitalization of PHCs.



### **Nutrition Scorecard**



The state has a functional state committee on food and nutrition. However, the state does not have a nutrition department in relevant MDAs and most of the nutrition interventions are funded by partners which is not sustainable.

Scorecard		
Indicator	Status	
Existence of State Committee on Food and Nutrition		
Presence of Nutrition Departments In Relevant MDAs		
Budget Line For Nutrition In Key MDAs		
Release of Fund For Nutrition (2022)		Target Not Met
Availability of Multi-Sectoral Plan of Action For Nutrition		Target Met  No Data/Missing Validation
Availability of Government-Owned Creche		
Approved Six Months Paid Maternity Leave.		
Government Spending Greater than/Equal to Partner Spending		



#### **Call to Action**

The state government should:

- 1. Set up nutrition departments in relevant MDAs (- at minimum in the following MDAs: Health, Agriculture, Budget and Planning, Women Affairs, State Primary Health Care Board).
- 2. Ensure timely release of funds to implement programs in the MSPAN.
- 3. Approve 6 months paid maternity leave.

## Drug Management Agency (DMA) Scorecard





Nasarawa state has a Drug Management Agency.

Scorecard	
Indicator	Status
State Has Established An Autonomous DMA Backed By Law	
DMA Is Capitalized	
At Least 60% Of The Focal Ward PHCs Is Capitalized	
DMA Has Pharmagrade Warehouse With Adequate Capacity	
State Has A Single Supply Chain System	
State Manages Last Mile Delivery	



### **Call to Action**

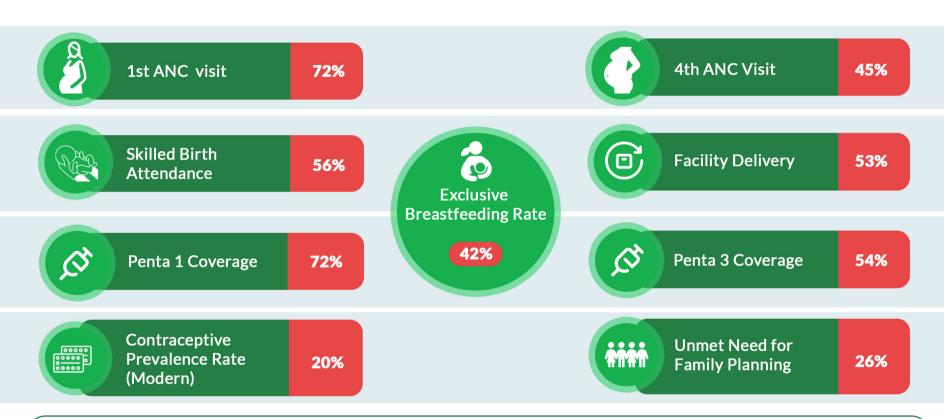
The State Government to continue support to its drug management agency to ensure availability of quality and affordable essential medicines in all health facilities within the state.

### Access and Service Utilization...





There is poor access to and utilization of antenatal, delivery and immunization services; access to family planning is low with about a quarter of women-in-union needing family planning services not having access to it.





#### **Call to Action**

The state government should:

- 1. Identify and address barriers to access and utilization of antenatal, delivery, immunization and family planning services.
- 2. Promote exclusive breastfeeding.

### **Access and Service Utilization**





The state has low network of TB Molcular Diagnostic machines, high unmet needs in terms of treatment for Children living with HIV and only provides 3 doses of malaria prophylaxis for about half of its pregnant women.

HIV Prevalence 1.6%	ART Unmet Needs in *CLHIV 47%
LGAs with TB Molecular Diagnostic Machine  31%	TB Treatment Coverage 85%
Malaria Prevalence 15.3%	IPTp3 Coverage 43.8%
New Cases of Hypertension 13,508	



### **Call to Action**

The State Government should ensure at least one functional molecular diagnostic machine per LGA, scale up ART treatment for CLHIV and expand coverage of IPTp3.

CLHIV – Children Living with HIV, ART – Antiretroviral Therapy, IPTp3 - Intermittent Preventive Treatment of Malaria for Pregnant Women (3rd dose +) Reference: HIV health Sector Report 2021, NTBLCP, NMEP, DHIS2.

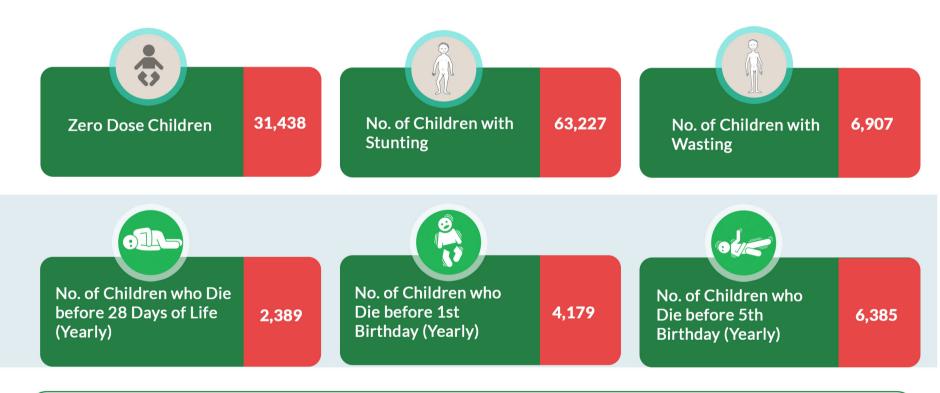
Data Source: State Ministry of Health

### **Health Outcomes**





There is a significant number of zero-dose children, high numbers of children with stunting & wasting, and unacceptably high numbers of childhood mortality in the state.





### **Call to Action**

The State Government urgently needs to prioritize investments in maternal and child healthcare services, including nutrition interventions, immunizations, and healthcare infrastructure to improve the health outcomes of children in the state. It is also important for the state to work with key partners to identify and target communities with unvaccinated children.

i. Stunting: Children Shorter in Height-for-Age

ii. Wasting: Children with Low Weight-for-Height

iii. Zero-dose: Children who failed to receive any routine vaccination - never reached by routine immunization services

## **Flagship Projects**





S/N Description Title No data No data

## **Partner Mapping**



S/N	Implementing Partner	Intervention	Geographical Coverage
	No Data	No Data	No Data

### **Summary of Key Actions**



#### **Health Facility Distribution**

N/A

#### **Human Resource for Health**

N/A

#### **Health Financing**

The State Government should increase its allocation to health and gradually work towards \$29\*(N12,000 approx.) per capita and invest more in health insurance.

#### **Health Insurance**

The State Government should sustain the effort in the SSHIA and to ensure regular and timely release of government contribution into the scheme.

#### **Primary Health Care Under One Roof**

The State Government should:

- 1. Ensure it develops and implement a costed service delivery plan.
- 2. PHC programmes and staff moved to SPHCB from SMoH and SMoLGA.
- 3. Ensure one **FUNCTIONAL** PHC per ward as per minimum service package for healthcare delivery outlined in the National Primary Health Care Development Agency (NPHCDA) guidelines for the revitalization of PHCs.

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### **Summary of Key Actions**



#### **Nutrition**

The state government should:

- 1. Set up nutrition departments in relevant MDAs (- at minimum in the following MDAs: Health, Agriculture, Budget and Planning, Women Affairs, State Primary Health Care Board).
- 2. Ensure timely release of funds to implement programs in the MSPAN.
- 3. Approve 6 months paid maternity leave.

#### **Drug Management Agency**

The State Government to continue support to its drug management agency to ensure availability of quality and affordable essential medicines in all health facilities within the state.

#### **Access and Service Utilization**

The state government should:

- 1. Identify and address barriers to access and utilization of antenatal, delivery, immunization and family planning services.
- 2. Promote exclusive breastfeeding.

The state government should also ensure at least one functional molecular diagnostic machine per LGA, scale up ART treatment for CLHIV and expand coverage of IPTp3.

#### **Health Outcomes**

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### **About the NGF Secretariat**

#### The Nigeria Governors' Forum

The Nigeria Governors' Forum (NGF) was founded in 1999. It is a platform for the elected Governors of the 36 states of Nigeria that promotes collaboration amongst the Governors, irrespective of their party affiliation, to share experience, promote co-operation, and good governance at the subnational level.

#### The NGF Secretariat

The NGF is supported by a secretariat which is the technical and administrative arm of the Nigeria Governors' Forum. It is a policy hub and resource centre that sets agendas & priorities to enable the forum to meet its set objectives. The Secretariat serves as an interface between federal MDAs, development partners, and states. The Secretariat has several units including Health, IGR, Economics, Legal, Education, Agriculture, Peace, and Inclusive Security.

#### The Health Team

The health unit of the NGF Secretariat is responsible for coordinating all health-related interventions being championed by the secretariat. It is committed to catalysing a stronger health system and better health outcomes at the subnational level in line with national goals and strategies.

#### **Our Vision**

Is to be the leading go-to resource and learning hub for catalysing subnational health development and contributing to health SDGs.

#### **Our Mission**

Is to keep the NGF informed and up-to-date on health priorities and promote evidence-based decision-making & actions, accountability, and learning for better health outcomes at the subnational level.

#### What We Do

We leverage our convening powers to support States to achieve their health goals through Evidence Generation, High-Level Advocacy, Resource Mobilization, Accountability and Partnerships, and Capacity Building. We also engage with key federal MDAs, such as the FMOH, NHIA, NPHCDA, FMFBNP, and Office of the Vice President.

#### **Our Team**

The health team is a multidisciplinary team that includes high-profile professionals that have excelled in different fields of endeavour including Advocacy, Health Policy Analysis, Health Systems Strengthening, Public Health, Health Financing, Health Information System, Immunization, Supply Chain, Monitoring, Evaluation, and Learning.

#### **Our Health Partners**

BMGF, ADF, GAVI, UNICEF, R4D, NHED.

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